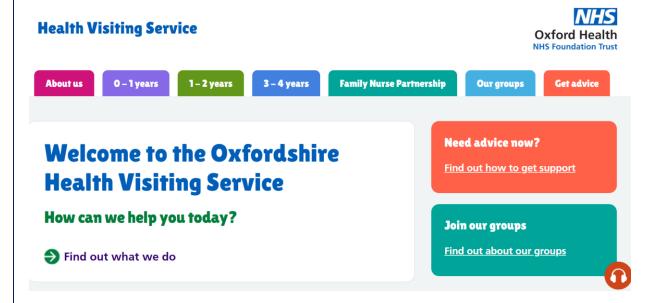
Quick guide to health visiting services for parents and carers

WEBSITE: For initial advice our Oxfordshire health visiting website has a wealth of information, short videos and signposting on everything related to an early year's child's health and development. There is also information on the groups we run and how to sign up for them.

www.oxfordhealth.nhs.uk/hv



PARENTLINE: If parents have any concerns about their child's health or development, direct them to initially TEXT our countywide "Chat Health" ParentLine (for children 0-4) on **07312 263081**. They will be given advice from our ParentLine, or be linked with their local health visiting team for individualised support and advice. You can also get the details of local well child clinics by texting ChatHealth ParentLine



FACEBOOK: Our Oxfordshire health visiting facebook page has regularly updated, seasonally appropriate health promotion advice and information from countywide partners. We also update FaceBook if we have to cancel a well child clinic session or a group session for any reason.



Oxfordshire NHS Health Visitors | Facebook

https://www.facebook.com/OxfordshireNHSHealthVisitors/